



# Summer Sports and Programs

June 1 - August 31, 2021

Register on [www.CheyenneRec.org](http://www.CheyenneRec.org) or at the Kiwanis Community House  
(4603 Lions Park Drive) or call 637-6423.

## Youth Sports

### Outdoor Adventure Program

Meeting Location: Youth Activity and Community Center/1317 Parsley Blvd.  
Activity# 268041

No need for any technology, just nature! Weekly activities include hiking, rock climbing, kayaking, backpacking and much more. For youth ages 8-15. Spaces limited per activity.

Registration: April 5–August 10  
Must be signed up by the Tuesdays before the Thursday/Friday events.  
Fee: Varies (See [www.CheyenneRec.org](http://www.CheyenneRec.org) for more details)  
Contact: Tyler Feezer at [tfeezer@cheyennecity.org](mailto:tfeezer@cheyennecity.org) or (307) 637-6408

### Youth Tackle Football League

Location: TBA  
Activity #271020  
A recreational tackle football league for grades 3-6. Includes 6 games and playoffs. Registration includes utilization of equipment (helmet, shoulder pads, practice pants/pads, practice jersey), picture, and awards. Teams are based on school triads.  
Registration: May 17–July 1  
Fee: \$140/player (\$150 equipment deposit)

Late Fee: \$25 if space is available.  
Season: August 28–October 16  
Practices begin August 2, 2021.  
Contact: David Contreras at [dcontreras@cheyennecity.org](mailto:dcontreras@cheyennecity.org) or (307) 637-6425

### Youth Co-Rec Volleyball League

Locations: Pioneer Park Center & Youth Activity & Community Center

Activity #: 271022  
An instructional league to teach girls and boys the fundamentals of volleyball. Teams will practice during the week with games on Saturday. Teams will play 8 games throughout the 5-week season. Registration fee also includes team shirt, volleyball, picture, and award.  
Registration: June 21 – August 5  
Fee: \$60/player  
Late Registration: August 6–19  
Late Fee: \$25  
Season: October 2 – October 30  
Contact: Tyler Feezer at [tfeezer@cheyennecity.org](mailto:tfeezer@cheyennecity.org) or (307) 637-6408

### Youth Basketball League (3rd-6th grades)

Activity # 272021  
A recreational basketball program for boys and girls in 3rd-6th grades. Registration includes a 6-game schedule, team shirt, basketball, picture, and award.  
Registration: August 9 – Sept. 16  
Fee: \$60/player  
Late Registration: September 17-30  
Late Fee: \$25 if room available.  
Practice begins October 25  
Season begins November 13  
Contact: Tyler Feezer at [tfeezer@cheyennecity.org](mailto:tfeezer@cheyennecity.org) or (307) 637-6408

## Adult Sports

### Co-Rec Adult Softball League

Location: Converse/Brimmer Softball Complexes  
Activity #: 260011  
A recreational adult softball league for teams composed of men and women. The season will be 10 games and start in August. This league has divisions for all skill levels from first time players to seasoned veterans!

League plays under USSSA sanctions and umpired by USSSA umpires.  
Registration: May 10 – July 1  
Fee: \$350/team + \$20/player  
Late Registration: July 2-15  
Late Fee: \$50  
Season: August 9 – September 16  
Contact: Tyler Feezer at [tfeezer@cheyennecity.org](mailto:tfeezer@cheyennecity.org) or (307) 637-6408

### Lenny Soveroski Memorial Adult Softball Tournament

Location: Converse/Brimmer Softball Complexes  
Activity #260030.02  
Come out and support the memory of a beloved umpire and referee by playing in the Lenny Soveroski Memorial Softball Tournament! This tournament will benefit junior and high school sports in Cheyenne. This will be a USSSA sanctioned tournament. Raffles and activities will occur throughout the tournament!  
Registration: April 12 – June 24  
Fee: \$250/Sanctioned Teams and \$300/Non-Sanctioned Teams  
Late Registration: June 25 – July 1  
Late Fee: \$50  
Tournament Date: July 10, 2021  
Contact: Tyler Feezer at [tfeezer@cheyennecity.org](mailto:tfeezer@cheyennecity.org) or (307) 637-6408

### Co-Rec Adult Kickball

Location: David R. Romero Park  
Activity #260131  
Enjoy a recreational kickball league to end your summer! League is outdoors and will be played at the Dave Romero Park fields. Open to men and women ages 16 and up (as of July 6, 2021), with up to 20 players on a roster. Teams are guaranteed 6 games plus a Single Elimination tournament.  
Registration: April 26 – June 10

Late Registration: June 11 – June 24  
Fee: \$150/team  
Late Fee: \$50  
Season: July 6 – August 26  
Contact: Michael Edwards at  
medwards@cheyennecity.org or  
(307) 773-1039

### **Fall Pickleball 101**

Location: Youth Activity & Community Center  
Activity #360111  
A paddle sport that combines elements of tennis, ping pong, and badminton into one. It is one of the Country's fastest growing sports and is meant for all ages and skill levels. This class is an introduction to Pickleball, meant for beginners who are trying to familiarize themselves with the sport. The classes will be more about learning drills and working on fundamentals. Classes held indoors and capped at 10 participants.

Registration: July 26 – September 9  
Late Registration: September 10 – 23  
Fee: \$50/player  
Late Fee: \$10 if space is available.  
Session: October 5 – November 9 (No class on Nov. 2)  
Dates/Times: Tuesdays & Thursdays, 9:00-11:00am  
Contact: Michael Edwards at  
medwards@cheyennecity.org or  
(307) 773-1039

### **Men's & Women's Fall Volleyball**

Location: Eastridge Facility (Old Carey Jr. High)  
Men's Volleyball - Activity #360071  
Women's Volleyball - Activity #360081  
Two leagues, one for men's teams, and one for women's teams. This volleyball league is a great way to stay active as the weather starts to cool down. We offer divisions for all skill levels! Play with a team or sign up as a Free Agent. Teams are guaranteed 10 games, plus a Single Elimination Tournament.  
Registration: June 28 – August 12  
Late Registration: August 13 – 26  
Cost: \$420/team  
Late Fee: \$50/team  
Session: Sept. 13 – December 10  
Contact: Michael Edwards at

medwards@cheyennecity.org or  
(307) 773-1039

### **Adult Co-Rec Flag Football League**

Location: Eastridge (Old Carey)  
Activity #260081  
New Program! Enjoy a 7-on-7 co-recreational adult flag football league. For individuals 16 years old and up. Games will be played on Tuesday and Thursday evenings. Each team is guaranteed six games.  
Registration: April 19–June 3, 2020  
Late Registration: June 4–June 17  
Season begins July 13  
Fee: \$200/team  
Late Fee: \$50  
Contact: David Contreras at dcontreras@cheyennecity.org or 637-6425

## **Officials Trainings**

### **Youth Football Officials Training**

Location: Youth Activity and Community Center  
Activity #271121  
Like to be a part of the game and give back to the youth? Training designed to teach proper positioning, making the correct call, and game management.  
Fee: Free  
Registration: May 17 – August 5  
Date/Time: August 11, 6pm-8pm  
Contact: David Contreras at  
dcontreras@cheyennecity.org or  
637-6425

## **Drop-In Classes and Activities**

These programs operate on a continuous basis except on City holidays.  
Punch Pass Required – 5 Visits \$12.50, 10 Visits \$22.50, 20 Visits \$40, and be purchase at the Kiwanis Community House, 4603 Lions Park Drive, M-F 7:30am-4:30pm or the City accepts Tivity Health (Humana, Medicare and Bankers Life). Call 773-1044 to check your eligibility.

### **Chair Yoga – 45 minutes**

Location: Activity Center/3121  
Carey Avenue (for summer classes)  
Days/Time: Mondays/Wednesdays @ 9:00am

Yoga is a physical, mental, and spiritual discipline. While stretching is certainly involved, yoga is also about creating balance in the body through developing both strength and flexibility. This is done through the performance of poses and postures, each of which has specific physical benefits. Movement can be performed in the chair or behind the chair.

## **Fitness Classes**

### **AARP Fitness Classes**

Location: Holliday Park (near tennis courts)  
AARP FitLot Introductory Circuit Class (one time class)  
A certified Personal Trainer will show participants proper form, safe equipment use, and the format of FitLot Method Circuit Training classes in a slower-paced, light-effort instructional setting.  
Registration: Register online only at [www.CheyenneRec.org/Recreation](http://www.CheyenneRec.org/Recreation) (Recreation Division tab at the top), scroll down to Fitness Classes and go to the AARP FitLot Class, click on the link to get you to the AARP website. Call Lori at 773-1044 for questions.  
Fee: FREE  
Session 1: Tuesday, May 18 @ 5:30-6:30pm  
Session 2: Saturday, May 22 @ 10:00-11:00am  
Session 3: Wednesday, May 26 @ 5:30-6:30pm  
Session 4: Saturday, May 22, 10-11am  
Session 5: Wednesday, May 26, 5:30-6:30pm

### **AARP Summer 8 Week FitLot Method Circuit Workout Class (16 Classes)**

Location: Holliday Park

Ages 18+

Register on [www.CheyenneRec.org/AARP](http://www.CheyenneRec.org/AARP).

FREE Summer 8-week courses to keep you fit and healthy. A certified Personal Trainer will show participants proper form, safe equipment use, and the format of FitLot Method Circuit Training classes in a slower-paced, light-effort instructional setting.

Registration: Register online only at [www.CheyenneRec.org/Recreation](http://www.CheyenneRec.org/Recreation) (Recreation Division tab at the top), scroll down to Fitness Classes and go to the AARP FitLot Class, click on the link to get you to the AARP website. Call Lori at 773-1044 for questions. Limited space.

Session 1: June 7 – July 26, Mondays/Wednesdays, 10:00-11:00am

Session 2: June 8 – July 27,

Tuesdays/Thursdays, 5:30-6:30pm

Session 3: August 2 – September 22,

Mondays/Wednesdays, 5:30-6:30pm

Session 4: August 3 – September 23,

Tuesdays/Thursdays, 10:00-11:00am

Call the Recreation Manager at (307) 773-1044 for more information.

## Martial Arts

### Tae Kwon Do

Location: Youth Activity and Community Center/ Community Room/1317 Parsley Blvd.

Activity #267024

The traditional Korean martial art similar to karate. The words “Tae Kwon Do” translate to “The Way of Hand and Foot,” which is fitting for a class that teaches blocking, punching, and kicking for self-defense. Strong emphasis on self-discipline. Loose-fitting clothing and a positive attitude recommended. Taught by instructor Greg Flores. Ages 6-18 or discretion of instructor.

Mon/Wed, 6:00-7:00pm

Monthly Fee: \$30

### Tai Chi

Activity #267021

Location: Youth Activity and Community Center - Community Room/1317 Parsley Blvd.

Wu-Style Tai Chi provides benefits similar to those found in dance

and yoga. Loose fitting clothing recommended. Instructed by Geoff Thompson.

Tuesdays/Thursdays, 6:00-7:00pm

Monthly Fee: \$65

### Heroes Relief Stretching & Breathing Techniques

Location: Youth Activity and Community Center/1317 Parsley Blvd.

Activity #267022

Reduce stress by connecting the mind and body through stretching and breathing techniques. Taught by a veteran for veterans. Non-veterans are welcome. 16+ Instructed by Michele Schmidt (970) 402-0996.

Tuesdays, 7:15-8:00pm

Monthly Fee: \$25

## Dog Classes

For Nose Work classes, all dogs must be able to be “car crated” or quietly wait their turn in a covered crate. Owners must provide crates and covers if crating indoors. For all dog classes, dogs must be current on vaccinations; puppies started vaccinations. Bring vaccination record to first class.

### K9 Nose Work® 3 – Intro to Odor

Location: Pioneer Park Center (1331 Talbot Ct.)

Activity #265022

This class is the third in a series and expands on skills learned in the Intro and Elements classes. Dogs are introduced to the first target odor – birch oil (provided by the instructor). Dogs will continue to search in all four K9 Nose Work search “elements:” containers, interiors, exteriors and vehicles. Handlers will be introduced to more advanced leash handling skills. PREREQUISITES: K9 NOSE WORK – 1 AND 2 OR INSTRUCTOR APPROVAL. Contact Barb at the [elemental.dog@gmail.com](mailto:elemental.dog@gmail.com) with questions.

Day/Time: Mondays, 7:00-8:30pm

Session: July 12 – August 16

Session Fee: \$120 per dog/handler

team Class max: 6 dogs (Humans may enroll up to 2 dogs for one handler)

### K9 Nose Work® 1 – Intro

Location: Pioneer Park Center (1331 Talbot Ct.)

Activity #265024

K9 Nose Work® is a new and fast-growing scenting sport for companion dogs and is inspired by the training and work of law enforcement detection dogs. The sport develops your dog’s natural hunting and scenting abilities to find target odors for fun or competition. Any dog breed (or mix), any age, activity level, or physical abilities can participate. An obedient dog is not necessary! For questions contact Barb at the [elemental.dog@gmail.com](mailto:elemental.dog@gmail.com) or call 307-421-5514.

Days/Times: Wednesdays, 7:00-8:30pm

Session 1: July 14 – August 18

Session Fee: \$130 per dog/handler

team Class Max: 6 dogs (humans may enroll up to 2 dogs/one handler)

### K9 Nose Work® 2 – Intro to Exteriors and Vehicles

Location: Pioneer Park Center (1331 Talbot Ct.)

Activity #265026

This class is the second in a series. Students will begin to work searches on vehicles and exterior spaces. Work will be outside, weather permitting. Handlers will gain more experience in reading their dogs, leash handling skills, reward placement, and search strategies. Dogs will continue to develop confidence searching independently, work more hides at elevation, gain experience on vehicles and in exteriors, and begin solving more complex scent puzzles. PREREQUISITES: K9 NOSE WORK 1 OR INSTRUCTOR APPROVAL. For questions contact Barb at the [elemental.dog@gmail.com](mailto:elemental.dog@gmail.com) or call 307-421-5514.

Day/Time: Wednesdays, 7:00-8:30pm

Session: September 8 – October 13

Session Fee: \$130 per dog/handler

team Class Max: 6 dogs (humans may enroll up to 2 dogs/handler)

## **Perfect Puppy**

Location: Pioneer Park Center (1331 Talbot Ct.)

Activity #265023

Bring your 3-to 5 month old puppy to class to concentrate on social interactions with other puppies and people, behavioral problem solving (like jumping, housebreaking & puppy biting, etc.) and puppy obedience. The first class is for the owners only (no dogs please). For questions, call the instructor, Linnea Nicely-Dix at 307-256-9088.

Day/Time: Tuesdays, 6:15-7:15pm

Session 1: June 15 – July 20

Session 2: August 3 – September 7

Fee: \$110

Class Max: 10 dogs

## **Novice Dog Obedience**

Location: Pioneer Park Center (1331 Talbot Ct.)

Activity #265021

Designed for dogs 6 months of age and older. This class will cover the foundations of behavioral problem solving (like jumping, barking, etc.) along with the basic obedience commands of loose leash walking, “heel”, “sit”, “down”, “stay”, “come”, and “leave it”. All dogs must be friendly to other dogs and people. The first class is for the owners only (no dogs please). For questions, call Linnea Nicely-Dix at 307-256-9088.

Day/Time: Tuesdays, 6:15-7:15pm

Session 1: June 15 – July 20

Session 2: August 3 – September 7

Session Fee: \$110

Class Max: 10 dogs

# **Horsemanship Classes**

## **Horsemanship/Riding 101**

Location: Pine Ranch-Carpenter, WY  
Activity #268061

Designed to teach equine safety, equine psychology, and fundamental horse-riding skills. Use balance and body aides to assist in feeling more comfortable on horseback. For those with little to no prior/basic knowledge of horses and horse safety. Taught by Anne Larson, CRI. Ages 8-18. Max 5 riders.

Days/Times: Mondays, 3:00-4:00pm

Fee: \$50/\$100

Session 1: June 21-June 28 (2 classes only for \$50)

Session 2: July 5 – July 26

Session 3: August 2-August 23

## **Horsemanship/Riding 201**

Location: Pine Ranch-Carpenter, WY  
Activity #268063

Build on your horsemanship riding skills with Riding 201. For intermediate riders ages 19+ with some horse experience and as a continuation to build on Riding 201. For youth that have completed Horsemanship 201 and have prior approval from instructor may register. Taught by Anne Larson, CRI. Max 5 riders.

Days/Times: Mondays, 4:30-5:30pm

Fee: \$50/\$100

Session 1: June 21-June 28 (2 classes only for \$50)

Session 2: July 5 – July 26

Session 3: August 2-August 23

## **Adult Horsemanship/Riding**

Location: Pine Ranch-Carpenter, WY  
Activity #268062

Designed with the adult rider in mind. Learn from the ground up: horse care, safety, horse psychology, and riding skills. Class geared toward the riding ability of each student no matter the level. Ages 19+. Taught by Anne Larson, CRI. Max 5 riders.

Days/Times: Mondays, 6:00-7:00pm

Fee: \$50/\$100

Session 1: June 21-June 28 (2 classes only for \$50)

Session 2: July 5 – July 26

Session 3: August 2-August 23

## **Western Riding**

Location: Pine Ranch-Carpenter, WY  
Activity #268065

This class is for those who want to learn the basics of Western-style riding. Learn to properly saddle a horse, the basics of equipment, and develop skills necessary for trail and showing. Emphasis given to balanced seat and correct aids with development toward pleasure, trail, or performance. Prerequisite: Beginner class or prior approval from instructor. Ages 8+. Taught by Anne Larson, CRI. Max 5 riders.

Days/Times: Mondays, 1:30-2:30pm

Fee: \$50/\$100

Session 1: June 21-June 28 (2 classes only for \$50)

Session 2: July 5 – July 26

Session 3: August 2-August 23

## **Cattle Working**

Location: Pine Ranch-Carpenter, WY  
Activity #268067

Designed for any rider wanting to start their horse on cattle in a controlled environment, or to learn how to work cattle on horseback. Learn position, timing, pressure points, and how to use horsemanship skills to track, sort, and control cattle. Riders may bring their own horse or use one of the Ranch's. Rider must be at least an advanced beginner to participate. Ages 8+

Day/Time: Wednesdays, 6:30pm

Fee: \$65/class

Session 1: June 23

Session 2: June 30

Session 3: July 7

Session 4: July 14

Session 5: July 21

Session 6: July 28

Session 7: August 2

Session 8: August 9

Session 9: August 16

Session 10: August 23

## **Goat Relaxation**

Location: Pine Ranch-Carpenter, WY  
Activity #266001

Unwind and relax amidst the Ranch's gregarious goats. Dress comfortably and bring an old snuggly to lie on. You will leave realigned, more grounded, and most definitely elated!

Day: Saturdays

Fee: \$12/class

Session 1: June 19, 6:30pm

Session 2: July 10, 8:30am

Session 3: July 24, 8:30am

Session 4: August 14, 8:30 am

Session 5: August 28, 6:30 pm

## **Goat Yoga - Caprine Vinyasa**

Location: Pine Ranch-Carpenter, Wyoming  
Activity #266002

Downward dog alongside some unusual baby goats! Class led by Yogi Maurita. Come meet the amazing and exceedingly friendly Pine Ranch goats and unwind doing some

fabulous beginner yoga poses. Dress comfortably, bring water, and a mat. Be sure to arrive 15 minutes before class time.

Day/Time: Fridays, 12:00pm

Fee: \$25/person

Session 1: July 9

Session 2: July 23

## Jam Class

Location: Pine Ranch-Carpenter, WY Activity #266003

Come and join us in the kitchen at Pine Ranch to learn how to make HOMEMADE FROM SCRATCH rolls, butter, and jam. You will learn how to make homemade butter from our fresh on the farm goat milk, seasonal jams to tantalize the taste buds and a delicious roll to put it all on!! All materials provided and each participant gets to take home a succulent finished product. Max: 12

Day/Time: Saturdays, 1:00pm

Fee: \$35/person

Session 1: June 26

Session 2: July 17

Session 3: August 21

## Gymnastics

Cheyenne Gymnastics offers a wide range of classes to teach youth the basic fundamentals of gymnastics. Participants will learn gross motor skills, balance, coordination, and spatial awareness, while also developing self-esteem, discipline, and determination. Our facility is fully equipped for all skill levels and ages 18 months and up.

### New Registrants:

- Must register in person at the Kiwanis Community House in Lions Park, Mon-Fri 7:30am-4:30pm.
- Registration and payments are accepted the 25th of each month for enrollment the following month. (Ex: If you want to start class in June you will need to register and pay between May 25-June 1).

- If there are spots available in the class, you can still register at the beginning of the month and start class that same month.

- We do not discount classes if you register and start halfway through the month.

### Continuing registrants:

- Current members need to pay by the 20th each month for the following month's classes.
- You can pay with a card over the phone (307)637-6423 or online through our website, www.cheyennerec.org, in person with cash or check at the Kiwanis Community House in Lions Park, or sign up for our seasonal autopay. (Ex: If you are registered in June and would like to continue in the same class in July, you need to pay for July's classes before June 20th)

### Class details and Schedule:

- Once a week rec classes are scheduled for 3 classes a month and twice a week rec classes are scheduled for 7 classes a month. Rec classes are all classes that are noncompetitive.
- All classes are held at the Neighborhood Facility, 610 W 7th St.
- Classes are based on a student to coach ratio of 8-to-1, pending coach availability.
- Classes must have a minimum of 4 participants for each class.
- Class schedules are subject to change based on enrollment.

### Parent & Tot Class

Our most popular class! Designed for toddlers between 1.5-3 years old to get exhausted by nap time in a structured, active environment. A parent or guardian accompanies the toddler through circuits involving various gymnastics equipment and helps with keeping the toddler on task and discipline if necessary.

Once a week classes - \$25/month  
Monday - 9:00am-9:30am, 466011  
Wednesday - 9:00am-9:30am, 466013

Twice a week classes - \$40/month  
Tues/Thurs - 9:00am-9:30am, 466012

### Preschool Classes

Parents, here's your quiet time!  
Preschool 1 is for the younger 3-4 year old beginner. Preschool 2 is for the more mature 4-5 year old and

must be approved by a coach before enrollment into this class. Children in Preschool classes are expected to listen, play nicely, and follow directions independently.

### Preschool 1

Once a week classes - \$35/month  
Monday - 10:00am-10:55am, 466020  
Wednesday - 10:00am-10:55am, 466023

Twice a week classes - \$60/month  
Mon/Wed - 4:30pm-5:25pm, 466022  
Tues/Thurs - 10:00am-10:55am, 466024

### Preschool 2

Once a week classes - \$35/month  
Wednesday - 11:15am-12:10pm, 466030

Twice a week classes - \$60/month  
Tues/Thurs - 11:15am-12:10pm, 466034  
Tues/Thurs - 4:30pm-5:25pm, 466036

### Gym Level 1, 2 and Boys

Designed for the school age group, 6 years old and up. Gym Level 1 is for beginner girls and boys. The Boys class is for beginner boys only and has more focus on the boy's events. Gym Level 2 is for the more advanced boy or girl gymnast and must be approved by a coach before enrollment into this class. Children in these classes are expected to be safe, responsible, and respectful.

### Gym Level 1

Twice a week classes - \$60/month  
Mon/Wed - 3:00pm-3:55pm, 466014  
Mon/Wed - 4:15pm-5:10pm, 466040  
Mon/Wed - 5:45pm-6:40pm, 466041  
Tues/Thurs - 3:00pm-3:55pm, 466031  
Tues/Thurs - 5:45pm-6:40pm, 466046

### Boys

Twice a week class - \$60/month  
Tues/Thurs - 4:00pm-4:55pm, 466080

## **Gym Level 2**

Twice a week classes - \$70/month  
Mon/Wed (Beginner) – 5:30pm-6:45pm, 466042  
Tues/Thurs (Advanced) – 5:30pm-6:45pm, 466051

## **Tumbling**

These classes are designed for ages 12+ to learn the basics of tumbling or improve and advance existing tumbling skills.

Twice a week classes - \$60/month  
Mon/Wed – 7:00pm-8:00pm, 466061  
Tues/Thurs – 7:00pm-8:00pm, 466062

## **Beginner Team**

These are our beginner level competitive classes. Anyone who has completed Pre-Team can join our Bronze Level. Enrollment into our XCEL Team is only open to new members from June 1-August 1. Girls in this class are expected to work hard and travel for competitions.

## **Xcel Bronze**

Twice a week classes - \$120/month  
Tues/Thurs – 4:00pm-6:30pm, 466103  
Tues/Thurs – 6:00pm-8:30pm, 466104

## **Xcel Silver**

Twice a week classes - \$120/month  
Mon/Wed – 8:00am-11:00am, 466105  
Mon/Wed – 5:00pm-8:00pm, 466106  
Add a third practice - \$30/month  
Fridays – 8:00am-11:00am, 466107

## **Advanced Team**

These are our advanced competitive team classes. Enrollment into this class must be approved by the Gymnastics Specialist, Shannon Mitchell.

The gymnasts are expected to practice more hours a week, be good role models to the younger gymnasts, and travel for more competitions.

## **Xcel Gold**

Three times a week class - \$150/month  
Tues/Wed/Thurs – 3:00pm-6:00pm, 466090  
Add a fourth practice - \$30/month  
Mondays – 3:00pm-6:00pm, 466091

## **Xcel Platinum and Diamond**

Three times a week class - \$160/month  
Mon/Tues/Thurs – 8:00am-12:00pm, 466073  
Add a fourth practice - \$40/month  
Wednesdays – 8:00am-12:00pm, 466074

## **Developmental Program Optionals**

Four times a week class - \$200/month  
Mon/Tues/Wed/Thurs – 8:00am-12:00pm, 466072

## **Summer Rec Camp**

This is a 10-week program that is structured to keep your child active while providing quality childcare. Spots are limited. For more information, please contact Jade Herstein at [jherstein@cheyennecity.org](mailto:jherstein@cheyennecity.org) or at (307) 286-5117.

Cost: \$1,300/child  
• \$35 supply fee per child due at registration

Dates: June 7, 2021 to August 13  
• Open registration: March 22 at the Kiwanis Community House 7:30am to 4:30pm.

Program Hours: 6:45am to 5:45pm

Locations: The location your child attends will be determined by the most recently completed grade.

- Pioneer Park Center- 1331 Talbot Court (Grades K-3rd)
- Youth Activity and Community Center- 1317 Parsley Boulevard (Grades 4th-6th)

Included:  
Morning and afternoon snack and juice.

A wide variety of activities at the center and field trips.

## **Latchkey**

The Latchkey program provides before and afternoon care for children in Elementary school. The program also provides transportation to majority of schools within Cheyenne. Spots are limited. For more information, please contact Jade Herstein at [jherstein@cheyennecity.org](mailto:jherstein@cheyennecity.org) or at (307) 286-5117.

Cost: \$220/month per child (prorated cost in June and August)

- \$35 supply fee per child due at registration.

Dates: August 23, 2021 to June 2, 2022

Program Hours: 6:45am to 5:45pm

Locations: The location your child attends will be determined by their school.

- Pioneer Park Center- 1331 Talbot Ct.
- Youth Activity and Community Center- 1317 Parsley Blvd.

Care on teach in-service days or holiday breaks (except for City recognized holidays)  
Field trips or special activity on days without school.

## **Superday June 26, 2021**

5K, Tour de Prairie, Vendors, Food Vendors, Volleyball Tournament, Youth Sports demos and clinics, Kid Zone, Gasoline Alley, Chalk Art Festival, etc.

(See [www.CheyenneRec.org](http://www.CheyenneRec.org) for more information.)

**FaceBook: CheyenneRec**  
**Instagram:  
CheyenneRecreation**

