



# 2024 Girls Recreational Flag Football League

Welcome to the inaugural season of the Girls Recreational Flag Football League! We are offering this new program to girls in grades 6<sup>th</sup>-12<sup>th</sup>. Girls must be going into the grade they are participating in. Age division is based on the 2024-2025 grade.

<u>Program Registration:</u>	February 5-March 21, 2024 Register online at <a href="http://www.cheyennerec.org">www.cheyennerec.org</a> or at the Kiwanis Community House (4603 Lions Park Drive). Office hours are Monday-Friday, 7:30 am-4:30 pm.
<u>Late Registration:</u>	March 22-April 4, 2024
<u>Fees:</u>	\$65/player \$25 late fee for any registrations past March 21, 2024. Registration includes 6 games, a team shirt, a team picture, and a participation award.
<u>Equipment:</u>	Coaches will have flags and jerseys provided by the Recreation Division.
<u>Practices:</u>	Begin May 11, 2024
<u>Games:</u>	Games will be held at Lions Park
<u>Season:</u>	May 11-June, 2024.

Please have all information on the registration form filled in completely.

**Volunteer coaches are needed!** If you are interested in coaching, please fill out and submit a coaching application form. If you have any questions, please see the contact information below.

I look forward to the start of this new program and hope you do as well! Remember to use [www.cheyennerec.org](http://www.cheyennerec.org) for all program information.

Harley Tekerman  
307-637-6408  
[htekerman@cheyennecity.org](mailto:htekerman@cheyennecity.org)

*The mission of the Recreation Division is to enrich the quality of life through providing cost-effective opportunities for recreational activities, focusing on life-long wellness through exceptional programs, activities, and events for all ages in the community.*



## **2023 Girls Recreational Flag Football League Registration Form**

Participant's Name: \_\_\_\_\_

Grade as of the 2024-2025 school year: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Primary Guardian: \_\_\_\_\_

Phone Number: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

Secondary Guardian: \_\_\_\_\_

Phone Number: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

### **Health Concerns:** Please list any medical concerns below.

\_\_\_\_\_

Which school does the player currently attend?

Central Triad: \_\_\_\_\_ East Triad: \_\_\_\_\_ South Triad: \_\_\_\_\_

**Special Requests (ONLY ONE):** \_\_\_\_\_

Please remember all attempts will be made to accommodate requests; however, requests are not guaranteed.

### **Uniform Information:** Please indicate desired T-Shirt size.

\_\_\_\_\_ Youth XS \_\_\_\_\_ Youth S \_\_\_\_\_ Youth M \_\_\_\_\_ Youth L

\_\_\_\_\_ Adult S \_\_\_\_\_ Adult M \_\_\_\_\_ Adult L \_\_\_\_\_ Adult XL \_\_\_\_\_ Adult XXL

### **Sponsorship:**

Would you or someone you know be interested in sponsoring your daughter's team? Yes \_\_\_\_\_ No \_\_\_\_\_

### **Coaching:**

If you are interested in coaching, please fill out a coach's application, drop it off at the Kiwanis Community House (4603 Lions Park Drive), or email it to Harley Tekerman – at htekerman@cheyennecity.org.

Name \_\_\_\_\_ Phone Number \_\_\_\_\_

### **City of Cheyenne Girls Flag Football League Assumption of Risk, Waiver & Release**

I, the undersigned guardian, agree that there are inherent risks of injury from my child's participation in the Cheyenne Recreation Division Girls Flag Football League. Those risks include, by way of example and are not limited to, cuts, scrapes, bruises, sprains, strains, pulled muscles, and/or broken bones. I recognize that any activity involving motion and contact creates the possibility of serious injury, including permanent paralysis and even death. I agree to make my child aware of the risks of injury, and to instruct my child to always follow the safety rules and the coach's instructions.

I understand that members of the Cheyenne Recreation Division staff, game officials, or volunteer coaches might be required to give first aid to me in the event of an injury or illness. I consent to the administration of first aid procedures on myself by the Cheyenne Recreation Division staff, game officials, or volunteer coaches, and the calling of an ambulance to transport me to the hospital if an injury requires more than basic first aid.

Therefore, considering participating in the Cheyenne Recreation Division Girls Flag Football League, I fully assume all risks associated with participating in the Girls Flag Football League. I waive, release, and discharge for myself, my child, my family members, heirs, administrators, personal representatives, successors, and assigns, any rights and claims which I have, or which may accrue against the City of Cheyenne, its offices, employees, and volunteers for any and all waiver and release applies to any negligence on the part of the City, its officers, employees, and volunteers. I understand that I am relinquishing legal rights. Further, I agree to defend, indemnify, and hold harmless, including paying attorney's fees, costs, and expenses, the City of Cheyenne from any and all liabilities which may result from my participation in the Cheyenne Recreation Division Girls Flag Football League, and I agree not to initiate any legal proceedings against the City of Cheyenne, its officers, employees, and volunteers.

I hereby grant permission to the Cheyenne Recreation Division Youth Sports Program and its representatives to capture my child's image and likeness in photographs, recordings, videotapes, or any other forms of media for any lawful purpose, including but not limited to: ensuring the safety and well-being of all coaches, participants, family members, and guests, evaluation of coaches and officials, security, and for other Youth Sports Program promotional, advertising, illustration or web content purposes.

I acknowledge I have read and understand the above, and knowingly and voluntarily agree to be bound by these terms and conditions.

Participant's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Guardian's Name: \_\_\_\_\_

Guardian's Signature: \_\_\_\_\_

### **GIRLS FLAG FOOTBALL LEAGUE REFUND POLICY**

1. Upon request, full refunds will be given from registration until the Recreation Division staff has placed the uniform order.
2. After the start of the season, requests for refunds must be due to a verifiable medical reason (we will request a doctor's note). Requested refunds will be given, less uniform cost only. Non-medical requests for refunds after the start of the season will not be approved.



## Girls Recreational Girls Flag Football

### Parent Code of Conduct

- I will be responsible for my behavior as well as for the behavior of those who attend the games/practices as my guest.
- I will **not** go onto the playing surface during a practice or game to talk to/advice my child.
- I will **not** advise the coach on how to do their job.
- I hereby pledge to provide positive support, care, and encouragement for my child participating in youth sports by following this Parent's Code of Conduct.
- I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice, or other youth sports events.
- I will place the emotional and physical well-being of my child ahead of a personal desire to win.
- I will be in control of my emotions.
- I will remain in the spectator area during games/practices.
- I will insist that my child plays in a safe and healthy environment.
- I will support coaches and officials working with my child to encourage a positive and enjoyable experience for all.
- I will demand a sports environment for my child that is free of drugs, tobacco, and alcohol and will refrain from their use at all youth sports events. I will not consume alcohol at a game/practice or come to one having done so.
- I will remember that the game is for our youth – **NOT ADULTS** – and that participation in youth sports is a privilege, not a right.
- I will always show respect for all participants, fans, coaches, and officials.
- I will do my best to make youth sports fun for my child. I will not instruct them to harm any other participants.
- I will be responsible for the actions of anyone I bring to the game.
- I will not coach my child during games or practices.
- I will ask my child to treat other players, coaches, fans, and officials with respect, regardless of race, sex, creed, or ability.
- I will not make insulting comments to players, parents, officials, or coaches of either team.
- I promise to help my child enjoy the youth sports experience by doing whatever I can, such as being a respectable fan, assisting with coaching, or providing transportation.

I have read the above Code of Conduct and understand that if I disregard any of these rules, I can and will be asked to leave the premises with the chance that I may not be allowed back for the remainder of the year.

Child's Name: \_\_\_\_\_

Parent's Name (Print): \_\_\_\_\_ Date: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_