

# Registration Form

Please print. Each participant must have a completed registration form and waiver.

Full Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Performance Shirt Size: S ☐ M ☐ L ☐  
XL ☐ XXL ☐

## Registration Fees:

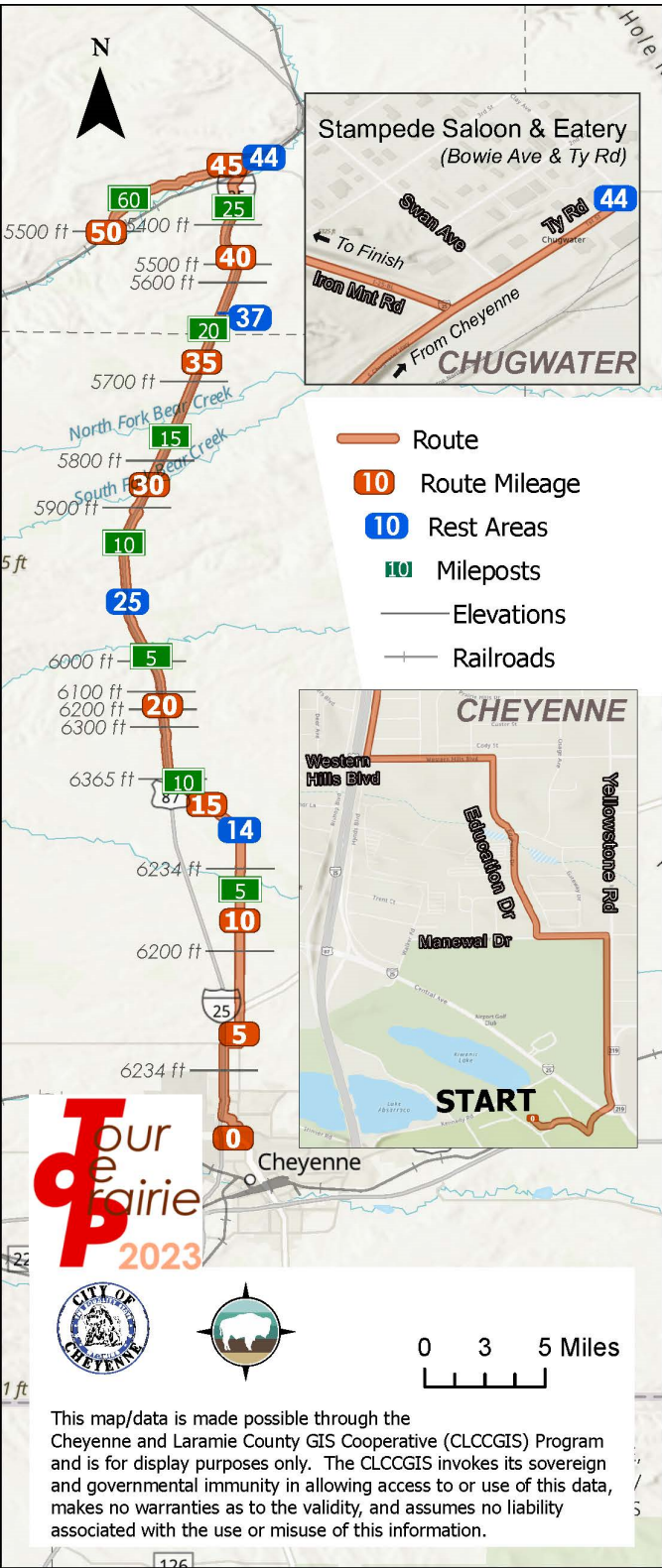
- ☐ Adult Early Bird: \$40 (If paid by May 20, 2023)
- ☐ Youth Early Bird: \$20 (Ages 12-17; if paid by May 20, 2023)
- ☐ Adult: \$50 (Paid by June 18, 2023)
- ☐ Youth: \$30 (Paid by June 18, 2023)
- ☐ Late Adult: \$60 (After June 18, 2023)
- ☐ Late Youth: \$40 (After June 18, 2023)
- ☐ Additional T-Shirt: \$25 Size: \_\_\_\_\_

For online registrations, please visit  
<https://cheyennerec.org/superday-2023/>.

For mail in registrations, download a fillable registration form and mail (postmarked by June 18, 2023) to Kiwanis Community House (KCH), 4603 Lions Park Drive, Cheyenne, WY 82001.

For face-to-face registration, go to KCH before June 23, 2023.

Shirt sizes are not guaranteed after June 1.



# Tour de Prairie



## Long Distance Ride

## Registration & Information June 24, 2023

6:30 am



A special thanks to our event sponsors: Jo-Ed Produce



Chugwater



Laramie County Amateur Radio Emergency Services and  
Radio Amateur Civil Emergency Services



This long-distance, 100-mile, course route heads out and back from Cheyenne through the open, rolling prairie into the town of Chugwater for a uniquely Wyoming tour. The Tour de Prairie features 25-, 50-, 75- and 100-mile rest stations/turn around points. Breakfast and lunch are included for registered Tour de Prairie riders! See map on reverse side for more detail.

*Breakfast and lunch are included for registered Tour de Prairie riders. For questions, call 307-757-7166.*

## Schedule of Events

### Friday, June 23

10:00AM - Registration & Packet Pick-Up  
9:00PM (Ice & Events Center, 1530 W. Lincolnway.)

### Saturday, June 24

6:00AM - Registration & Tour Breakfast  
7:30AM Parking in North Lions Park (off Kennedy Road).  
Check in at North Lions Park Shelter by Aquatics Center.

6:30AM Tour de Prairie Starts  
(North Shelter in Lions Park, Central & 8th Ave.)

10:00AM Superday Activities Begins in Lions Park

11:30AM Tour de Prairie Lunch. Enjoy some  
2:30PM Chugwater Chili at The Stampede Saloon!



## Registration: Mail & Online

**By Mail:** Complete the attached registration and waiver along with a check (*paid to the order of City Treasurer*) and mail to City of Cheyenne, Kiwanis Community House, 4603 Lions Park, Cheyenne, WY 82001.

**Online:** <https://cheyennerec.org/superday-2023/>

## Parking

Free parking is available in North Lions Park (off Kennedy Drive, near Aquatics Center).

## Weather

Wyoming weather can be unpredictable. Be prepared for rain or shine. The race is non-refundable. Be safe and call emergency number provided at check-in in the event of any adverse incidents.

## Safety

All riders are required to wear helmets. There will be auto traffic on all roads; please obey all signs and law enforcement officers. Stay to your right on portions of the route with minimal shoulder. You must obey all traffic laws. No headphones/earbuds allowed.

## Rest Stops & Support and Gear

For your convenience and comfort, there will be rest stops with refreshments on all routes. Rest stops will close at the following times:

Rest Stop #4: 44-Mile @1:00pm  
Rest Stop #3: 37-Mile @1:30pm  
Rest Stop #2: 25-Mile @2:30pm  
Rest Stop #1: 14-Mile @3:30pm

Additional 5-mile leg,  
out and back from  
Chugwater, to  
complete your 100-  
mile ride!

Support & Gear vehicles will be provided by:  
Rock on Wheels.

No major repairs will be attempted. Contact information will be provided at the registration table on the day of the Tour.



# Liability Waiver

In consideration of acceptance of my entry in to the Tour de Prairie, I, the undersigned participant, hereby agree and make the following contractual representations and agreements.

I fully realize the dangers in participating in a group bicycle ride, race or trails competition (including, by way of example, and not limitation, the dangers of collision with vehicles and other riders, the dangers arising from surface hazards, physical exertion, weather conditions and equipment failures), and I fully assume all risks associated with such participation.

I hereby waive, release and discharge for myself, my family members, heirs, administrators, personal representatives, successors and assigns, any and all rights and claims which I have or which may be sustained by me directly or indirectly arising out of my participation in the Tour de Prairie. Further, I will hold the City of Cheyenne harmless from any and all liabilities and provide for the defense of the City in the event the City is sued as a result of my alleged negligence.

I attest that my physical condition is adequate to complete the tour I have selected safely. I am prepared for this event and will wear a helmet. I hereby acknowledge that the above persons and entitles have no obligation to provide medical care and have not undertaken the responsibility to do so. In the event I receive medical care as a result of a medical emergency. I hereby consent to such care.

I grant full permission for sponsors or the City of Cheyenne to use photographs of me and quotations from me for accounts and promotions of this event.

I hereby certify that I have fully read and understand the foregoing legal document and sign it knowingly, willing, and voluntarily.

Participant's Name (Print): \_\_\_\_\_

Participant's Signature: \_\_\_\_\_

Guardian's Signature:  
(if participant is under 18 years of age) \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Contact Number: \_\_\_\_\_