



2023 Girls Recreational Flag Football League

Welcome to the inaugural season of the Girls Recreational Flag Football League! We are offering this new program to girls in grades 6th-12th. Girls must be going into the grade they are participating in. Age division is based on the 2023-2024 grade.

<u>Program Registration:</u>	March 6-April 20, 2023 Register online at www.cheyennerec.org or at the Kiwanis Community House (4603 Lions Park Drive). Office hours are Monday-Friday, 7:30 am-4:30 pm.
<u>Late Registration:</u>	April 21-May 4, 2023
<u>Fees:</u>	\$65/player \$25 late fee for any registrations past April 20, 2023. Registration includes 6 games, a team shirt, a team picture, and a participation award.
<u>Equipment:</u>	Coaches will have flags and jerseys provided by the Recreation Division.
<u>Practices:</u>	Begin May 29, 2023
<u>Games:</u>	Games will be held at Lions Park
<u>Season:</u>	June 17-July 22, 2023.

Please have all information on the registration form filled in completely.

Volunteer coaches are needed! If you are interested in coaching, please fill out and submit a coaching application form. If you have any questions, please see the contact information below.

I look forward to the start of this new program and hope you do as well! Remember to use www.cheyennerec.org for all program information.

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The mission of the Recreation Division is to enrich the quality of life through providing cost-effective opportunities for recreational activities, focusing on life-long wellness through exceptional programs, activities, and events for all ages in the community.