THE YOUTH BASKETBALL LEAGUE IS ORGANIZED, ADMINISTERED AND SUPERVISED BY THE CITY OF CHEYENNE RECREATION DIVISION. ANY QUESTIONS SHOULD BE DIRECTED TO:
David Contreras (307) 637-6425 or dcontreras@cheyennecity.org.
A. **ELIGIBILITY**
1. Kindergarten - 2nd Grade: A co-recreational league, with teams being formed based on the school they attend whenever possible. Adjacent neighborhood areas may be combined to form complete teams. **There are no guarantees that a player will play on a team from their neighborhood or school.**

B. **FORFEITS AND DISQUALIFICATIONS**
1. Game time is forfeit time. Plan on arriving 10-15 minutes prior to game time to ensure you have everything ready.
2. Substitution rule for the league will be as follows for all divisions:
   A. If your team has ten healthy players, all five players on the bench at the mid-way point of each quarter must be put into the game. This will ensure that all players will participate in half of the game.
   B. If your team has less than ten healthy players show up for a game, you must substitute the number of healthy players over 5 at the mid-way point of each quarter and those healthy players should play the remainder of the quarter. The healthy players which were left in the game must be substituted for at the next substitution point. **Exception:** If there is extreme exhaustion or a health risk associated with excess play time due to a lack of players, coaches may substitute at appropriate dead ball situations.

C. **TIME REGULATIONS**
1. Each game will consist of four - six-minute quarters for Co–Rec (K-2nd). Six-minute quarters will have a mandatory substitution at the three-minute mark.
2. There will be thirty seconds between quarters and one two minute half-time.
3. A minimum five minutes of warm up will be allowed before each game.
4. Each team will be allowed two - thirty second time-outs per half. These time-outs are non-accumulating.
5. Clock will be stopped for Free Throws, Mandatory Substitutions, Time-Outs and Injuries.
6. There will be no overtime periods for the co-recreational league.

D. **GENERAL GAME INFORMATION**
1. Games will be played under Wyoming High School Athletic Association Rules with the exceptions outlined herein.
2. The co-recreational league for children in Kindergarten through 2nd grade will be organized as an instructional league with the following special rules applying to league games:
   A. Games will be set up as scrimmages.
   B. After each quarter each team’s scores will revert to 0.
   C. A referee will be present for Co-Rec 1 & 2 games to help enforce blatant violations. Coaches will officiate Co-Rec K.
   D. The scrimmage will be full court, allowing the ball to change possession, with coaches still allowed on the court at all times, and mandatory substitution of all players made three minutes into each quarter.
   E. All other rules listed will also apply to Co-Rec plays, except where noted.
3. All made shots will count for two points except free throws which will count as one. This rule is in effect since most of the facilities that games are played in does not have a three-point line.
4. Fast breaks will not be allowed in Co-Rec League.
5. No full or half court presses will be allowed for Co-Rec. When the defensive team takes possession of the ball, the players of the opposing team must drop back immediately to the mid-court line (hash mark).
6. Once an offensive player in Co-Rec has crossed the half court line, the defensive player assigned to that offensive player may pick him/her up and follow him/her back across the half court line to play defense. The 10 second count will begin again if the offensive player crosses back over the half court line. **EXAMPLE:** For Co-Rec the defense must drop back behind the half court line. Once the offensive player has crossed the half court line, the defensive player assigned to that player may cross the half court line and play defense on that player only. Subsequently, if the ball goes back into the back court, the defensive player may continue to defend the player with the ball and a new 10 second count begins on that offensive player.
7. No trapping or double teaming allowed for Co-Rec. Players may “switch” on defense, but only one defensive player may guard an offensive player at a time.
8. There is no back court in Co-Rec League.
9. There shall be no zone defense in Co-Rec.
10. Coaches are welcome to ask the referee for a “line-up” when they make substitutions, or at the start of a new quarter, for the purpose of “matching up” for man-to-man defense.
11. No isolation-type offense involving one or two players will be permitted in Co-Rec League. Clearing the floor to one side for one-on-one or two-on-two offense is prohibited. Teams must involve all of their players in the offensive pattern. This will be a judgment call by the official. Teams will be warned for first offense and penalized with loss of possession for any following occurrences. Intent of the rule is to involve all players within the team’s ½ court offense.
12. In all jump ball situations other than the start of the game, teams will alternate taking the ball out-of-bounds for a throw-in. The team not obtaining control of the jump ball at the beginning of the game will start the alternating possession procedure. This possession procedure will be kept by the scorekeeper using the possession arrow.
13. At the end of the game each player shall shake hands with the opposing team. Good sportsmanship will be expected of all players, coaches, and fans.
14. Due to the lack of space in the out-of-bounds area surrounding the courts, players defending a throw-in should stand back from the out-of-bounds line a minimum of 3 feet. This will be enforced by the referees.
15. Ball Size: Co-Rec K - 2 = Junior
16. Basket Height: Co-Rec K – 2 - 8’ (where available)
17. Free throw line: Co-Rec K-2 - 10-12’
18. Only one postponed game, due to inclement weather will be rescheduled. All other games postponed due to inclement weather will NOT be rescheduled. Please monitor local radio stations if in doubt about games being played. Decision to cancel games will be made by League Directors. All decisions will be final. Every effort will be made to play the games, but Wyoming’s winter weather can be treacherous, and safety is the number one priority. When the schools release early on Friday due to weather, the Saturday games MAY be canceled. This is since the parking lots and sidewalks may not be cleared in time on Saturday morning because school and city staff were sent home on Friday for their own safety. Remember, when in doubt about if games are to be played, monitor our social media pages for game status. If schools are released early due to weather during the week, practices will be canceled. If requested by affected coaches, attempts will be made to reschedule the lost practice time, but because practice times are scarce this may not be possible.
19. ALL T-SHIRTS PROVIDED MUST BE WORN TO ALL GAMES. Sponsors provide the uniforms so please do not alter by cutting t-shirt sleeves, etc.
20. Substitute Coaches - For games and/or practices to be held all substitute coaches need to have authorization from the Cheyenne Parks and Recreation Division League Director to substitute coach. Games and practices cannot be held without authorized adults in charge; if teams cannot provide authorized substitutes, practices and/or games will be canceled and/or forfeited.

F. MISCELLANEOUS INFORMATION:
1. All participants will receive an award for participation at the end of the season.
2. The Cheyenne community and events recreation division neither supports nor inhibits teams from traveling to out-of-town basketball tournaments. The YBL schedule of games will not be changed to accommodate out-of-town tournaments. Please plan your schedule accordingly.

F. REFUND POLICY
1. Upon request, full refunds will be given from the time of registration to the end of registration.
2. After teams have been formed but before the start of the season, refunds will be given minus administrative/uniform fees. Refund of $20.
3. After the start of the season requests for refunds must be due to a verifiable medical reason (we will request a doctor’s note). Requested refunds will be given, minus administrative/uniform fees. Non-medical requests for refunds after the start of the season will not be approved.