



Adult Volleyball Guidelines

Participants, officials, and staff,

If you, or someone you have been in contact with, have symptoms of COVID-19, DO NOT enter this facility. Due to COVID-19, each team will need to follow the guidelines provided by the State, and our local Health Department. Below is the list of guidelines that participants, coaches, spectators, officials, staff, and volunteers are required to follow. These guidelines are subject to change due to current conditions and/or health orders.

Season Guidelines

- This proposal would meet the current state guidelines for groups in a confined space. In general, a single playing area (basketball court, baseball field, pool, etc.) is considered a confined space.
- No spectators will be allowed in the building at any time.
- All players, staff, and officials must go through a screening before entering the building. Any individual failing a screening shall immediately leave the premises.
- Face masks are required for ANYONE who enters the facility.
 - A mask is not required for any participant that is currently playing.
 - If players cannot maintain 6 feet of distance while sitting on their bench, they must wear a mask.
 - Officials are required to keep their mask on at all times while in the facility, unless they can meet the 6 feet social distancing guidelines.
- Any person who is not following the social distancing guidelines will receive one warning from the Site Supervisor. If there is a second warning issued to the individual(s), they will be asked to leave the facility.
- Do not share uniforms, towels, water bottles, or other apparel and equipment with teammates.
- The ball will be cleaned and sanitized by the Site Supervisor between each match.
- Teams will leave the facility immediately following their match.
 - Once teams leave the gym, 15 minutes will be allowed in between games for the Site Supervisor to sanitize all touchable surfaces. After that, a new team may enter once screenings are completed.
- No congregating outside the gym, or in the parking lot, before or after a match is completed.
- Hand sanitizer will be available at the facility. Every player should hand sanitize before, during and after every game.
- There will be no shaking of hands after the match is completed.
- Team meetings must honor the social distancing requirements.

Please understand that the City of Cheyenne Recreation Division is following the State and Local Health Department guidelines. We appreciate your understanding and support so the programs may continue.