

CITY OF CHEYENNE COMMUNITY RECREATION AND EVENTS
2020 WINTER VOLLEYBALL LEAGUE

UPDATED BY-LAWS November 4, 2020

A. ORGANIZATIONAL INFORMATION:

1. The league will be governed under Wyoming High School Activities Association, except as amended by League By-laws and policies. City League Volleyball for men and women is organized, administrated, and supervised by the Cheyenne Recreation Division. Any questions as to policies, rules or regulations should be referred to the Recreation Division at 637-6408.
2. Good sportsmanship will be **required** of all league participants. Individuals and teams that register for this sports league accept as a condition of participation the following league by-laws, rules, and code of conduct, they are subject to disciplinary actions and/or fines as outlined herein. **NO REFUNDS** will be allowed after the registration deadline.
3. Players must be on an official league roster to be eligible to participate in the league. Official roster forms are available at the Community Recreation & Events, 4603 Lions Park Dr. Rosters are due at the time fees are paid. A minimum of **6 men or 6 women** players must be on the roster before it will be accepted. Roster forms must be **completely** filled out before they will be accepted.
4. **League fee is \$300.00 per team plus \$20.00 per player. Entry fees and rosters (with a minimum of 6 players)** will be accepted November 4 – December 19, 2019 **at the Kiwanis Community House**, 4603 Lions Park Dr. Office hours are 7:30 a.m. to 4:30 p.m. Monday thru Friday. Checks should be made payable to **"City Treasurer" Teams must pay either the team fee or players fees at registration.**
5. **Players may not quit one team and join another, in the same league, after 5:00 p.m. on the day of their original team's first scheduled league game regardless of whether or not the individual in question participated in the original team's game.**
6. Division preference will be taken into consideration. All pertinent information such as player height, age, and previous playing experience, as well as the previous year's team standings will be considered in dividing the teams into divisions. **FILL OUT YOUR ROSTERS COMPLETELY AND ACCURATELY. ANY MISSING INFORMATION WILL ASSUME UPWARD MOBILITY IN DIVISION PLACEMENT.**
7. A maximum of **40 women's and or men's teams** will be accepted on a first-come, first-serve basis. (40 total teams.)
8. League play is scheduled to begin Monday, January 27, 2020.
9. Games may be played at any of the following locations: **Afflerbach Elementary School, McCormick, Carey, or Johnson Jr. High Schools, only on Monday evenings.** Game times will vary, depending on a schools' activity schedule. See league schedule for actual match times at each facility.
10. Each team will play 12 matches in the 8-10 week season.

11. **NOTE:** All players who participate in the Cheyenne Winter Volleyball League waive and release for all times all rights and claims for damages they may have against the City of Cheyenne, the Cheyenne Community Recreation & Events Department, the Officials For Fun Club, and Laramie County School District No. 1, for any and all injuries suffered by themselves as a result of participating in the Winter Volleyball League. All players must sign the attached waiver.

B. ELIGIBILITY:

1. All participants must either reside in Cheyenne full-time, commute daily **from Cheyenne** to work or school, or reside in a community in Laramie County which does not offer a volleyball league.
2. High School students are eligible to participate, provided they reach their 16th birthday on or prior to January 27, 2020, and have parental consent and waiver. **NOTE: High School students** are responsible for ensuring that their participation in the City Volleyball League does not jeopardize their Wyoming High School Athletic Association (WHSAA) eligibility. High School students should check with their coach and/or WHSAA on this matter.
3. Players may play in only one city volleyball division and may be registered with only one team.

C. GENERAL GAME INFORMATION:

1. There is no justification for unsportsmanlike conduct, regardless of the situation or opinions about how good or bad a referee is. Team representatives, players, and/or the entire team may be suspended from further play for the remainder of the season and possibly upcoming seasons, due to unsportsmanlike acts. Team representatives and all team members are to try to control the tempers of their players; if not, the entire team may suffer for the actions of a few. Individuals or teams who become upset during a game because of calls or a lack of calls should remove themselves from the game or league as needed. Team representatives should bring their written constructive criticisms to the attention of the Recreation Division. Referee evaluation forms must be filled out and brought to the Recreation office if you want any action taken about your referee complaint. These forms are available at the gym or at the Youth Activity Center.
2. Only those players whose names appear on the official department roster may compete. Player passes can be picked up by the team Representative if you are short players for the night at **Kiwanis Community House**, 4603 Lions Park Drive, office hours are 7:30 a.m.-4:30 p.m. Monday thru Friday; team representatives must call in and pick up player passes by 4:30 p.m. the day of the game. Teams must start with at least 4 players on the court and may finish with less than 4 if injury occurs during the match. Should the number of team members drop less than 4 due to ejection(s), the match will be forfeited against that team.
3. Teams should be ready to play and have lineups to referee 10 minutes prior to game time.
4. Each match will consist of best two out of three with the first two games being played to 25, you must win by two points with a cap of 30, if cap is reached you only need to win by one. **EXAMPLE;** score is 29 to 29, next point wins. If a third game is required that game will be played to 15, with the cap being 20.

5. The "**Rally Point**" system will be used the entire match.

6. Substitution Rule:

Teams will have their choice of two alternative methods of substitution for each game played. Officials (referee & scorekeeper) must be informed of the method of substitution you plan to use prior to the beginning of each match.

a. Rotation Substitution:

Substitutes must enter the game on each of their teams' rotations, and all must enter the #4 (LEFT FRONT) position. All starters and substitutes must assume the same position in the serving order in relation to other teammates for the duration of the game. (Teams are not required to rotate all team members into each game.)

Substitution may be made when the ball is dead, on the request of either the captain on the court or the designated head coach off the court, when recognized by the referee.

NOTE: Teams may change their method of substitution for each game if desired, provided the referee and scorekeeper are made aware of the change prior to the start of the game.

7. Players added to a lineup during a match will be allowed to play in the game in progress.

8. No time limit will be enforced for any of the matches. We ask your cooperation in helping keep matches to 45 minutes. HOWEVER, if at 10:00 p.m., a winner of the match hasn't been determined, the following procedures will be followed:

- a. If the first game in any given match hasn't started or been completed by 10:00 p.m. the entire match will be rescheduled.
- b. If the second game in any given match hasn't begun at 10:00 p.m. the entire match will be rescheduled.
- c. If the second game is in progress at 10:00 p.m. the game will be stopped, and the team having scored the most points in the match will be declared the winner. (See 8.e.)
- d. If the third game is in progress at 10:00 p.m. the game will be stopped and the team ahead at that time will be declared the winner. (see 8.e. below)
- e. If teams have scored an equal number of points (in sections C.8.c. or C.8.d.) a "Sudden Death" will be played to determine a winner; i.e. 1) Coin toss to determine server, 2) first team to score a point while serving, wins the match. The "Rally Point" system shall not be used during "Sudden Death".
- f. Any partial matches rescheduled for any reason will be replayed in their entirety.

9. No protests will be accepted.

10. Only managers, coaches, and team captains may talk to officials. Prolonged arguments will not be allowed.

11. League standings will be determined on win-loss match record. In the event of a tie at the end of league play, final standings will be decided by:
 - a. Results of head-on competition.
 - b. Point differential in games between tied teams.
 - c. Alternate method determined by league director.

C. UNIFORMS & JEWELRY:

1. **Teams will not be required to have matching shirts/jersey; or have #'s on shirts/jerseys. Shirts must be worn in good taste. Officials have the right to require that any player turn their shirt inside out or change shirts if the official feels it is inappropriate. Shirts are not allowed to have zippers, snaps, buckles or anything sharp that could possibly harm another player.**
2. Jewelry will be allowed to be worn during any volleyball league play. This includes earrings, necklaces, bracelets, piercings, and rings. All exposed jewelry or items that are judged to be hazardous or potentially dangerous by the official may not be worn. The player cannot participate till they remove that item. Jewelry being worn is worn at players own risk and cannot hold the City of Cheyenne and or the officials liable.

E. FORFEITS & DISQUALIFICATIONS:

* Players with unpaid ejection fines from any city operated league will not be allowed to be placed on a roster in any Cheyenne Community Recreation and Events League until that fine has been paid in full (cash only).

1. Any team discovered using players not on their official team roster will forfeit such games. League Directors will deal with ineligibility to the best of their ability. All decisions will be final.
2.
 - a. If a team does not have four (4) players to start the first game at the scheduled starting time, that team shall lose the match by forfeit 25-0.
 - b. If neither team has enough players present at scheduled starting time, a loss will be charged to both teams.
 - c. A waiting time of 10 minutes shall be allowed for the team/teams to have four (4) players to play the next game.
 - d. If both teams have four (4) players present prior to the expiration of the 10-minute waiting time, play shall begin.
 - e. If after 10 minutes both teams do not have four (4) players, the match shall be declared a forfeit to both teams.
 - f. If only one team has four (4) players by the 10-minute waiting period, the other team will forfeit the match. ***Any team forfeiting an entire match will be fined \$50.00. This fee may be avoided by notifying the Recreation Division, at 637-6408, by 1:00 p.m. on the day of the match your team needs to forfeit. The fine must be paid, in cash, by the next scheduled game or the offending team will not be allowed to play and will be credited with another forfeit.** This fee is meant to be punitive not recuperative of costs.
 - g. If both teams show up for the 2nd game, only one game will be played. The winner of this game will be the winner of the match. (Loser has then lost 2 games) if one team has four (4) players by the end of the 10-minute waiting period, the other team will forfeit the match.

3. Any team that forfeits 2 league matches **without good reason** may be removed from the league with ***no refund***. League Directors' decision will be final in these cases.

NOTE: If you know in advance you will not be able to field a team, please call the Recreation Division by 1:00 p.m. so opposing team and officials can be notified.

4. Officials will not be required to officiate any forfeited matches. Teams will be allowed to scrimmage with the understanding the floor will be **cleared 15 minutes prior to the next scheduled match time**. The officials and gym supervisor will have authority to end all scrimmage matches.
5. Any player or spectator who directs any profane remarks, gestures, or verbal abuse toward the referee, another player or spectator, will be automatically ejected from the match by the referee. Further action may be taken against individuals or teams in accordance with the code of conduct.
6. Team captains, coaches, managers, and entire team will be responsible for assuring that players ejected leave the gym, or the team will forfeit the evening's match and possible further action could be taken.
7. Team captains will be asked by the referee to control actions of their fans that become too rowdy or insulting. If fans persist in this manner after the referee has warned the team captain, the gym will be cleared. A forfeit will result if a team's fans refuse to leave the gym when asked.
8. Individuals habitually badgering the referee may be eliminated from the program by the Recreation Division.
9. Yellow and red cards will be in effect: Yellow = warning, Red = penalty, Yellow and Red = ejection from game or match. Verbal warnings, penalties and ejections will also be allowed.

F. FACILITY USE:

1. **LEAVE YOUR VALUABLES AT HOME.** The Recreation Division or Laramie County School District No. 1 will not be responsible for stolen or lost personal articles of any kind.
2. All participants are required to wear tennis (court) shoes on gym floors. Any shoes that leave marks on the floor will not be allowed.
3. All teams are asked to help keep the entire building clean: floor, restrooms, showers, etc. No smoking will be allowed in the gym or shower areas.
4. If it is absolutely necessary to bring your child/children, you **MUST** have another person available to provide **immediate** supervision while you are playing. Children will not be allowed in halls or locker rooms without direct supervision. Penalties (point or side out) will be charged to offending team **each time** a game is stopped due to unruly children. Referees will enforce this rule any time that children are out of the bleachers, and/or unsupervised. The gym supervisor is not responsible for monitoring your children. This rule will be strictly enforced this year.

5. No alcoholic beverages or drugs will be allowed at games. Any persons judged to be intoxicated or under the influence of drugs by supervisors or referees will be asked to leave the premises.

NOTE: VIOLATION OF THE OPEN CONTAINER LAW CAN BE PENALIZED UP TO ONE (1) YEAR IN JAIL AND A \$700.00 FINE. THIS INCLUDES VIOLATION WITHIN BUILDINGS OR PARKING LOTS. THE POLICE DEPARTMENT WILL BE PERIODICALLY PATROLLING FACILITIES. VIOLATION OF THIS RULE COULD AFFECT OUR USE OF SCHOOL FACILITIES.

NOTE: It is imperative that no players or spectators enter any of the facilities earlier than 15 minutes prior to first scheduled game time.

G. INCLEMENT WEATHER POLICY:

In the instance that the City of Cheyenne announces an emergency closure, all recreation activities (volleyball included,) will be cancelled for the period of time specified in the announcement by the City. In such cases, no departmental announcements through the local media shall be necessary. Please make your team members aware of this policy.

In all other cases, the decision to cancel due to inclement weather or other circumstances rests with the Recreation Division. The decision to cancel will be based on our judgment. In these instances, notice will be given to the various media. If in question as to whether matches will be played that night, it is the team's responsibility to call the Recreation Division. **NOTE: THE CLOSURE OF SCHOOL DISTRICT #1 FACILITY DICTATES AUTOMATIC CANCELLATION OF LEAGUE MATCHES PLAYED AT THE #1 SCHOOL DISTRICT FACILITIES FOR THAT NIGHT.**

Go to the web-site www.cheyennerec.org, to the left side of the homepage is a link called e-news subscriptions (click link). Follow directions on how to enter your cell phone/email. Scroll down towards the bottom of the page and click Recreation Announcements; then click subscribe. **You can also follow us on Facebook (Cheyenne Recreation Division).**





2020 Winter Volleyball Adult League Registration form:

Information on this form must be completely filled out or it will not be accepted!

Team Name: _____ Sponsor: _____

Team Representative #1: _____

Address: _____ City: _____ ST: _____ Zip: _____

Cell Phone: _____ Provider (for Text Alerts): _____

Work/Home: _____ Email: _____

Team Representative #2: _____

Address: _____ City: _____ ST: _____ Zip: _____

Cell Phone: _____ Provider (for Text Alerts): _____

Work/Home: _____ Email: _____

Division Preference:

Teams will be assigned to divisions based on the information provided on this form. If information is left blank, League Directors will assume the player/team has upward mobility concerning divisional placement. Indicate your 1st and 2nd choice for the division you can compete in, not just win.

1 – Competitive Division

2 – Recreational Division

Last Year's Team Information:

Did not play last year Played last year (please fill out Information below)

Team Name: _____ Last Year's Division: _____ Number of Returning Players: _____

Scheduling Concerns:

Other League Play:

Please let us know what other City leagues your team is currently participating in so that we can do our best to schedule around possible game conflicts.

Please fill out Roster on reverse side!

Adult League Roster Form

* Experience Status - A - Major College (4yr) Pro Ball B - Jr. College Starter C - High School Varsity Starter/Jr, College Non-Starter
D - High School Varsity Starter E - High School Varsity Non-Starter F - Below High School Varsity Non-Starter

1. Name: _____ Address: _____ Zip _____
Cell Phone: _____ Provider (Txt Alerts): _____ Shirt Size: _____ Exp: * _____ *
E-Mail Address: _____

2. Name: _____ Address: _____ Zip _____
Cell Phone: _____ Provider (Txt Alerts): _____ Shirt Size: _____ Exp: * _____ *
E-Mail Address: _____

3. Name: _____ Address: _____ Zip _____
Cell Phone: _____ Provider (Txt Alerts): _____ Shirt Size: _____ Exp: * _____ *
E-Mail Address: _____

4. Name: _____ Address: _____ Zip _____
Cell Phone: _____ Provider (Txt Alerts): _____ Shirt Size: _____ Exp: * _____ *
E-Mail Address: _____

5. Name: _____ Address: _____ Zip _____
Cell Phone: _____ Provider (Txt Alerts): _____ Shirt Size: _____ Exp: * _____ *
E-Mail Address: _____

6. Name: _____ Address: _____ Zip _____
Cell Phone: _____ Provider (Txt Alerts): _____ Shirt Size: _____ Exp: * _____ *
E-Mail Address: _____

7. Name: _____ Address: _____ Zip _____
Cell Phone: _____ Provider (Txt Alerts): _____ Shirt Size: _____ Exp: * _____ *
E-Mail Address: _____

8. Name: _____ Address: _____ Zip _____
Cell Phone: _____ Provider (Txt Alerts): _____ Shirt Size: _____ Exp: * _____ *
E-Mail Address: _____

9. Name: _____ Address: _____ Zip _____
Cell Phone: _____ Provider (Txt Alerts): _____ Shirt Size: _____ Exp: * _____ *
E-Mail Address: _____

10. Name: _____ Address: _____ Zip _____
Cell Phone: _____ Provider (Txt Alerts): _____ Shirt Size: _____ Exp: * _____ *
E-Mail Address: _____

11. Name: _____ Address: _____ Zip _____
Cell Phone: _____ Provider (Txt Alerts): _____ Shirt Size: _____ Exp: * _____ *
E-Mail Address: _____

12. Name: _____ Address: _____ Zip _____
Cell Phone: _____ Provider (Txt Alerts): _____ Shirt Size: _____ Exp: * _____ *
E-Mail Address: _____

13. Name: _____ Address: _____ Zip _____
Cell Phone: _____ Provider (Txt Alerts): _____ Shirt Size: _____ Exp: * _____ *
E-Mail Address: _____

14. Name: _____ Address: _____ Zip _____
Cell Phone: _____ Provider (Txt Alerts): _____ Shirt Size: _____ Exp: * _____ *
E-Mail Address: _____